

1.

Title: The 'Bad' Life

Size: 14 inch x 18 inch

Medium: Canvas

My oil painting done on canvas is purely meant to convey Bipolar Disorder, more specifically the 'Lows' of BPD. From experience, when I have 'Highs' and 'Lows' my 'Lows' tend to make me depressed, low in energy, it makes me highly dysphoric as well. Due to the highly impulsive nature from BPD, it is important to realize these emotional 'Lows' are also episodes of the disorder. I wanted to depict the 'Lows' using dark colors of blues and whites and some blacks as well to really differentiate from the other half of this painting, 'The Wonderful Life'

*This Painting is meant to be included with my other half of the painting on a different canvas; 'The Wonderful Life'

2) Title: The "Wonderful" Life

Size: 14 inch x 18 inch

Medium: Canvas

My Oil Painting done on Canvas is meant to depict Bipolar Disorder, more specifically the 'Highs' of BPD. From experience, when I have 'Highs' and 'Lows' my 'Highs' tend to make me extremely productive, I get extreme bursts of euphoria and positive emotions. Due to the highly impulsive nature from BPD, it is important to realize these emotional 'Highs' are also episodes of the disorder. I wanted to depict this with bright and happy colors, using bunnies flying through happily and carelessly.

*This Painting is meant to be included with my other half of the painting on a different canvas; 'The "Bad" Life'

3) Title: My Vase of White Roses

Size: 9" x 12"

Medium: Acrylic on Canvas

My acrylic painting; "My Vase of White Roses" is meant to convey a content period in my life where I felt very motivated and happy. I was given these white roses by my significant other, white roses are my favorite flower. When receiving these, I felt extremely happy and I felt very motivated to do a still life painting of these roses. Flowers truly motivate me in my life, it brings me pure happiness. It gave me a happy episode for a long moment in my life and I knew I had to incorporate this into my art pieces.

4) Title: My Nightmare

Size: 24in x 24in

Medium: Acrylic on Canvas

My acrylic painting, "My Nightmare" is meant to convey, of course, my nightmares. I won't go too in depth on this since it's a very personal topic, but I just thought it would be somewhat interesting to paint out my nightmares, which is why I have included some creepy hands you may see at the foot of the bed, connecting back with the bunnies, I conveyed them very worried since when I have nightmares they tend to be highly lucid, after having them I tend to be very on edge and paranoid. I included myself sleeping in a dark room, in the clouds with bunnies flying overhead.

5) Title: Forgive the Sinner

Size: 24cm x 33cm

Medium: Canvas

This art piece, "Forgive the Sinner" is a self-made linoleum that was inspired by Michelangelo's fresco painting; "The Creation of Adam." This art piece is meant to portray the biblical story of God creating Adam, the first man. My piece emphasizes more about the fruit of the tree; the apple, that Adam and Eve took a bite of. Adam is represented holding the apple, showing it to God asking for forgiveness after betraying his rule. Gods hand can be seen to be very hesitant to Adams, this is primarily since Adam had sinned.

6) Title: Sleepwalking

Size: "14 x "18

Medium: Illustration Board

My piece; "Sleepwalking" is inspired by some of Vincent Van Gogh's paintings, but more specifically his overall painting style, such as his brushstrokes. I incorporated Van Gogh's brush strokes and painting motion into my second half of my illustration (right) to represent the "restless" and "compulsive" look to express the more severe side of depression, (break downs, burn-outs, etc.) The other half of my illustration, (left) is more contrasting to its other half to really amplify the other emotion of depression after a breakdown, burn out, etc. I tried to represent more of an "empty" type feeling by making my art piece seem very chaotic, and frustrating yet tired. For the face overall, I wanted it to seem very exhausted. I used a small portion of light shades of pink and red to represent tiredness with sore, puffy eyes after crying. "Sleepwalking" is meant to convey depression, and the surreal feeling of it.

7) Title: I Love You!

Size: 9 inch x 12 inch

Medium: Canvas

My drawing done on Sketchbook paper with colored pencils is meant to convey just me overall. It's meant to convey my different personalities, my different traits, and different little items that I feel represent who I am as a person and what has made me who I am. I included items I also just really love as well. I wanted this drawing just to convey me overall, what I'm like (depending on my mood) what things I like, what my religion is, what my personality is, and although not many people would be able to tell everything about me from this drawing, I at least wanted them to take away the important factors about me.

8) Title: My Field of Flowers

Size: 24 inch x 24 inch

Medium: Canvas

My Oil Painting done on Canvas is meant to depict my imaginations. When I'm under a lot of stress, I tend to daydream a lot, sort of as a way to cope with my intense and stressful emotions. When doing this, I usually imagine myself in a huge field of flowers with a sky similar to the 'Starry Night' by Vincent Van Gogh. In my painting, I pretty much painted out a visual representation of what the setting of my daydreams look like, the daydream helps calm down because I feel at peace in it.

9) Title: Doomed

Size: 9 inch x 12 inch

Medium: Canvas

My Oil Painting done on Canvas is meant to depict pain and suffering, but trying to persevere through it and continue moving forwards. Throughout Junior year, leading into my Senior year now, I have faced some extremely difficult hardships and have endured a lot of sadness, and pain throughout these two years so far. Through those setbacks I still try my best to move forwards and continue with a positive attitude, although at the same time it's breaking me apart internally, yet no one sees that side of me.

10) Title: Cyclothymia

Size: 60 cm x 60 cm

Medium: Canvas

This painting is completed on canvas and it is done with acrylic paints, 'Cyclothymia' is supposed to convey the personal struggle many people face Bipolar Disorder, and

Cyclothymia being a harsh symptom of Bipolar Disorder. Consistently dealing with 'highs' and 'lows' that can negatively affect everyday life activities.

10) Title: Limbo

Size: 24 inch x 36 inch DPI: 172.0

Medium: Digital Collage

This photo-shop piece, "Limbo" is one of my most personal art pieces. Inspired by Albrecht Dürer's Pen-and-Ink drawing; "The Praying Hands", used to convey a kind tribute to Albert (Dürer's Brother) from Dürer for all of his sacrifice in work. My piece tends to have a different meaning to it. It represents me praying to god, mourning after the loss of my dearest friend. Resorting to God as a way out of my depressive state of mind, and praying to him for help.